

# GARDENING FOR BIRDS

**B**irds in the garden add a pleasing dimension of nature to our lives. Birds will most likely visit gardens that provide food, water, cover and nesting areas. It is best to provide some aspect of each component to diversify the habitat and attract a variety of birds to your garden.

### **FOOD**

To entice birds to your garden, plant a variety of trees and shrubs that provide food in the form of fruits and seeds. Providing a large selection of plants with different bloom times spreads out the fruit and seed production over time. Bird feeders and suet feeders can provide a good supplement to their regular diets, especially during winter and spring when natural fruit and seed supplies are diminished. Cardinals, finches, blue jays, and chickadees prefer black oil sunflower seeds. Goldfinches and juncos prefer thistle. Woodpeckers and nuthatches are attracted by suet. Many ground feeding birds, like sparrows, doves, juncos, and towhees enjoy a mixture of seed that includes white millet, safflower, peanut hearts, cracked corn, and sunflower.

### **WATER**

Introducing a water source to your garden is as easy as adding a birdbath. A small or large pond is a great source of water and enjoyment as well. Birds are attracted to the sound of running water. Create the sound of moving water by adding waterfalls, or by adding a fountain to ponds. Make sure there are shallow places from which the birds can drink. The addition of a birdbath heater will assure water is available throughout the winter months.



## **COVER**

Providing cover can best be achieved by planting various heights of vegetation. Incorporating trees, shrubs, perennials, annuals, vines, and ground covers will provide layers of vegetation for birds to hide in when predators (i.e. hawks) are present. Do not plant vegetation immediately under bird feeders as predators (i.e. cats) can hide and take unknowing birds by surprise.

#### **NESTING AREAS**



Planting a variety of plants can provide many places for birds to nest. Mockingbirds, catbirds, and brown thrashers prefer thickets of vegetation to better conceal their nests. Cardinals, wood thrushes, and robins prefer thick shrubs and trees. Warblers, tanager, and hummingbirds prefer nesting in taller trees. Chickadees, wrens, bluebirds, and titmice prefer birdhouses, which come in many sizes and shapes and can be hung in trees or mounted on fence posts. Choose the type of birdhouse based on which bird you are trying to attract.

On the back of this page you will find a list of plants that will attract birds. Make your selections and have fun with your new-feathered friends!

| Ground Covers,              |                    |                             |                     |
|-----------------------------|--------------------|-----------------------------|---------------------|
| Vines, Perennials           |                    |                             |                     |
|                             |                    |                             |                     |
| Euonymus fortunei           | Wintercreeper      | Parthenocissus tricuspidata | Boston Ivy          |
| Vitis                       | Grape              | Ribes Sativum               | Currant, Garden Red |
| Lonicera                    | Honeysuckle        | Rudbeckia                   | Black Eyed Susan    |
| Parthenocissus quinquefolia | Virginia creeper   | Vernonia noveboracensis     | Ironweed            |
|                             |                    |                             |                     |
| SHRUBS                      |                    |                             |                     |
| Amelanchier                 | Serviceberry       | Malus                       | Crabapple           |
| Aronia                      | Chokeberry         | Myrica pensylvanica         | Bayberry            |
| Berberis                    | Barberry           | Photinia                    | Red Tip             |
| Buxus                       | Boxwood            | Pinus                       | Pine                |
| Callicarpa                  | Beautyberry        | Prunus                      | Laurel              |
| Cornus                      | Dogwood            | Pyracantha                  | Firethorn           |
| Cotoneaster                 | Cotoneaster        | Rhamnus caroliniana         | Carolina buckthorn  |
| Elaeagnus                   | Russian Olive      | Rosa                        | Rose                |
| Euonymus                    | Euonymus           | Rosmarinus                  | Rosemary            |
| llex                        | Holly              | Rubus                       | Berries             |
| Hamamelis                   | Witchhazel         | Sambucus                    | American Elderberry |
| Ligustrum                   | Privet             | Symphoricarpos              | Coralberry          |
| Lindera                     | Spicebush          | Taxus                       | Yew                 |
| Mahonia                     | Oregon Grape Holly | Vaccinium                   | Blueberry           |
|                             |                    | Viburnum                    | Viburnum            |
| TREES                       |                    |                             |                     |
| Abies                       | Fir                | Liriodendron                | Tulip Tree          |
| Acer                        | Maple              | Magnolia                    | Magnolia            |
| Amelanchier                 | Serviceberry       | Malus                       | Crabapple           |
| Betula                      | Birch              | Morus                       | Mulberry, common    |
| Carpinus caroliniana        | Ironwood           | Myrica                      | Wax Myrtle          |
| Celtis                      | Hackberry          | Nyssa                       | Black Gum           |
| Cornus                      | Dogwood            | Picea                       | Spruce              |
| Crataegus                   | Hawthorn           | Pinus                       | Pine                |
| Elaeagnus angustifolia      | Russian Olive      | Prunus maritima             | Beech Plum          |
| Fagus                       | American Beech     | Pyrus americana             | Mountain Ash        |
| Gleditsia                   | Honey Locust       | Quercus                     | Oak                 |
| llex                        | Holly              | Sassafras                   | Sassafras           |
| Juniperus                   | Juniper            | Sorbus                      | Mountain Ash        |
| Larix                       | Larch              | Thuja                       | Arborvitae          |
| Liquidambar                 | Sweet Gum          | Tsuga                       | Hemlock             |

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